



## Parent Support Group Meeting Minutes – 30<sup>th</sup> November 2022

### Attendees:

Jon M	Joanna M	Jona S
Alyssa M	Migena B	Elona G
Aledis M	Jamie T	Genta C
Zsofi H-C	Anela V	Gledis B
Valbona K	Enida J	Krisztina P
Meryem Y	Segil T	Eliza B
Shelley H	Endri H	Lucie U
Megi G	Ditri G	Fei B
Celia C	Rina S	Gerta H
Silviana B	Sedik Z	

### NHS programs

The NHS will be organising a MS/HS Movie/Karaoke Night on December 9<sup>th</sup> ,. Movie Night will commence at 16:00 and run until latest 19:30. There will be snacks/popcorn available.

Elementary students will have a Movie Night on Dec 15<sup>th</sup> so please watch out for permission slips which will detail the movies chosen per age group for you to give your consent. It is likely that some movies will end after the last bus at 5pm requiring parents to collect children or opt to take the last bus; the permission slip will allow you to detail your preference

The NHS are running Spirit Week Dec 12<sup>th</sup>-16<sup>th</sup> where students are allows to dress in different themes each day. The newsletter lists the themes.

### Athletics and Activities – Mrs Scates

ASA sign-up online has closed. Further interest in sign-up should be emailed to Mrs Scates.

Basketball is the TIS primary winter sport. We look ahead to tournaments against local schools in Feb/Mar. The girls CEESA team will travel to Belgrade to play and the boys is TBC. Basketball ASA was oversubscribed. An option to extend will be looked at however staffing issues and court availability are the main obstacles.

Soccer tournament away games 4-6pm run on Thurs 1<sup>st</sup> Dec for MS girls and boys and Mon 5<sup>th</sup> Dec for 9s and 10s girls and boys.

### Mark your calendar 2022

Music and violin concerts happen this week – please help to decorate the school if you have time after this meeting!

Once again TIS is supporting the Roma Community with Holiday Boxes. There are approximately 420 students at TIS and there will be a roughly equal number of boxes so please make sure each of your children sign up for a box or offer a financial contribution (1500-2000Lek per box). The deadline is Dec 9<sup>th</sup> after which PSG volunteers help make sure each box is suitably filled and ready for distribution. 6 delivery runs will be made thereafter, 5 of which are done with the aid of TIS students which is an educational and emotional experience.

### **Parents' Feedback**

Trunk or Treat – Children felt there was lots to do (thank you NHS) and appreciated the use of the soccer field area. The limited candy collection time worked well.

Dance for Kindness – an event that turned out to be more fun than it was a challenge. The turnout on 13<sup>th</sup> Nov at Teresa Square was way better than expected with approximately 300 people, either dancing, helping out but most importantly donating.

Healthy Food Choice Promotion – The team currently consists of 2 doctors plus dedicated parents. 4 aims have been chosen to begin this project. Firstly, posters are needed to convey what we mean by “healthy food choice” so if you are good in this area (or know someone who is, even if they are not directly involved) please volunteer the skills. Secondly, promotions will be run, for example, a talk by a local celebrity sportsperson or dancer on their nutrition. We will also run promotions such as Vegetable (group/colour) of the Month. Thirdly, we plan to run an ASA (for elementary school initially) with 12 classes organised. Next PSG meeting will have more information, but we want you to consider volunteering your time for this. We will need both dedicated and one-off volunteers so please be in touch or look out for the sign-up sheet next meeting. Lastly, we hope to promote a “sugar free day” and are looking to secure school buy-in on this endeavour.

### **Looking ahead 2023**

Towards the end of January the PSG hope to run an Iron Chef competition. Families or groups of kids please start thinking about signing up to wow everyone with your favourite dish – it can even be a gooey dessert! Recipes can be forwarded to Nari for inclusion in the school menu.

### **Any other business**

Please could the school monitor the microwave use at lunch as there are concerns that children are not getting time to reheat and eat home sent food.

What are the expectations for dressing up during Spirit Week? The themes should be announced with more notice so that outfits can be organised.

A reminder of the OSAAB Charity Bazaar held at the Rogner on 4<sup>th</sup> Dec from noon. It's a family event supported by 42 vendors and TIS students will be performing.

A kindly reminder that Mr Mudd is requesting raffle prize donations for the Winter Staff Party, deadline Dec 9<sup>th</sup>.

Our next meeting is on the **January 25<sup>th</sup> at 8:05.**